

Pre-Treatment Instructions for IPL/PhotoFacial

(First & Subsequent Treatments)

- The area being treated cannot be exposed to direct sunlight for at least 4 weeks prior treatment. If sun exposure is unavoidable, use Broad Spectrum (UVA/UVB) sunscreen of SPF 30 or above to any treatment area prior to sun exposure.
- Treatments cannot be performed on areas with significant suntan/sunburn. Also avoid tanning creams, spray tans and lotions.
- Inform your Clinician of any exfoliating chemicals and scrubs such as (alpha/beta hydroxy acids). You may be asked to stop use at least 5 days prior to treatment.
- Men must be clean shaven on treatment areas. Mild hair reduction may occur in men and women.
- Do not apply any makeup, perfume, lotions or powders on treatment areas.
- Patients with a history of hyperpigmentation may be prescribed bleaching agent up to 4 weeks prior to Laser treatment.
- Antibiotics may cause photosensitivity. Please inform the Clinician of any use of antibiotics.
- Inform the Clinician of oral herpes outbreaks and history of cold sores, you may be prescribed an anti-viral the day before treatment to avoid any outbreaks.

Post-Treatment Instructions for IPL/PhotoFacial

- Avoid sun exposure after or in between treatments. When necessary, apply a broad spectrum (UVA/UVB) sunscreen minimum of SPF 30.
- DO NOT pick, scratch or rub the treated area. Pigmented lesions will appear darker for approximately 3-7 days and will eventually slough off naturally in about 2-3 weeks.
- Do not use any exfoliating scrubs or chemicals on treatment area for at least 7 days.
- Avoid contact sports or any strenuous activities for the next 24-48 hours. It could cause injury or add excessive heat to treated area.
- If blistering or irritation occurs apply ice immediately.
- You may experience some redness and mild swelling after treatment.
- Avoid hot showers or baths, soaking in a hot tub, or swimming in chlorinated areas, it may dry out and irritate the skin.
- To avoid irritation avoid wearing make up for 24 hours after treatment.